Search strategy for MEDLINE

1. Inflammatory Bowel Diseases/
2. Crohn Disease/
3. Colitis, Ulcerative/
4. Stress, Psychological/
5. mental stress.mp.
6. life stress.mp.
7. family stress.mp.
8. hassles.mp.
9. social stress.mp.
10. coping.mp.
11. perceived stress.mp.
12. mood disorders.mp. or Mood Disorders/
13. Anxiety/
14. Depression/
15. 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14
16. 1 or 2 or 3
17. 15 and 16