Records identified through Database Searching (n = 1,480)

Records after Duplicates Removed (n = 1,271)

Records Screened for Inclusion at Level 1 (n = 1,271)

Records Excluded (n = 1,217)

Reasons for Excluding Studies
- Article not a systematic review or meta-analysis
- Article focuses on other interventions in addition to acupuncture
- Acupuncture does not involve needling of the skin at either recognized acupuncture or Ah Shi points
- Acupuncture combined with additional interventions/modalities that are not acupuncture-related or self-management techniques
- Article does not have at least 3 studies on a TSR-related outcome
- Quality assessment not performed

Full Text Articles Screened for Eligibility at Level 2 (n = 274)

54 Reviews included in STRICTTA Analysis

52 Reviews included in Quality Assessment

PTSD: 0  Chronic Pain: 25
Anxiety: 1  Sleep Disturbance: 6
Depression: 6  Cognitive Function: 1
Headache: 5  Substance Abuse: 7
Fatigue: 1  Sexual Function: 0