Records identified through database searching (n = 36)

Additional records identified through other sources (n = 0)

Records after duplicates removed (n = 18)

Records screened (n = 18)

Full-text articles assessed for eligibility (n = 15)

Studies included in qualitative synthesis (n = 2)

Records excluded (n = 3)

Full-text articles excluded, with reasons:
Not a clinical trial (n = 3)
Hypothesis (n = 1)
Case series (n = 3)
Commentary (n = 3)
Open labelled without control group (n = 3)