Q.1: Any scientific evidence?

- **YES**: Green light. Yes, there is sound scientific evidence.
- **NO**

Q.2: Is it logical/biologically plausible?

- **YES**
- **NO**: Red light. No, it is not logical or biologically plausible.

Q.3: Is it generally used and accepted?

- **YES**
- **NO**: Red light. The procedure does not have wide clinical acceptance.

Yellow light. The procedure has wide clinical acceptance.