Spinal Pain Patient

Ques 1: Visceral disorder or potentially serious

No

Ques 2: Pain source

Centralization signs

Yes

Derangement

Segmental pain – lumbar (23%)

Segmental pain – SI (27%)

Radiculopathy

Muscle pain (TrP)

No

Segmental provocation signs

Ques 3: Perpetuating factors

Yes

Special tests, referral

(2.7%)

Dynam instability (63%)

CPH (5%)

Fear, catastrophizing, passive coping, poor self-efficacy, depression (46%)

and/or

Neurodynamic signs (24%)

Muscle palpation signs (10%)

and/or