Spinal Pain Patient

Ques 1: Visceral disorder or potentially serious disease?

- Yes (1%)
- No

Ques 2: Pain source

- Centralization signs
  - Derangement (27%)
  - Segmental pain (cerv, thor, lumb, SI)
  - Radiculopathy

- Segmental provocation signs (69%)
  - Neurodynamic signs (19%)
  - Muscle palpation signs (22%)

Ques 3: Perpetuating factors

- Dynam instability (40%)
- CPH (4%)
- Oculomot dysfx (12%)
- Fear, catastroph, passive coping, poor self-efficacy, depression (39%)