CONSORT 2010 Flow Diagram

Enrollment

Assessed for eligibility (n=68)
- Excluded (n=6)
  - Not meeting inclusion criteria (n=6)
  - Declined to participate (n=0)
  - Other reasons (n=0)

Randomized (n=62)

Allocation

Allocated to intervention (n=31)
- Received *Juglans regia* (n=31)
- Did not receive allocated intervention (give reasons) (n=0)

Follow-Up

Lost to follow-up (give reasons) (n=3)
- They did not refer due to personal reasons
- Discontinued intervention (give reasons) (n=0)

Analysis

Analysed (n=30)
- Excluded from analysis (give reasons) (n=0)

Allocated to intervention (n=31)
- Received placebo (n=31)
- Did not receive allocated intervention (give reasons) (n=0)

Lost to follow-up (give reasons) (n=1)
- They did not refer due to personal reasons

Analysed (n=28)
- Excluded from analysis (give reasons) (n=0)