patients screened (n=208)

Excluded (n=88)
- Not meeting inclusion criteria (n=81)
- Declined to participate (n=7)

patients randomized (n=120)

Allocated to placebo group (n=60)
- Received placebo (n=59)
- Did not receive placebo (n=1)

Allocated to mint group (n=60)
- Received mint (n=60)
- Did not receive mint (n=0)

Ending cycle 2 (n=52)
- Lost to follow-up (due to personal reasons) (n=7)
- Discontinued intervention (n=1)

Ending cycle 3 (n=45)
- Lost to follow-up (due to personal reasons) (n=6)
- Discontinued intervention (n=1)

Ending cycle 2 (n=46)
- Lost to follow-up (due to personal reasons) (n=6)
- Discontinued intervention (n=7)

Ending cycle 3 (n=34)
- Lost to follow-up (due to personal reasons) (n=3)
- Discontinued intervention (n=9)