• For every phase, additional therapeutic options are given

• Add antiseptics / antibiotics in cases of superinfection

• Allergen-specific immunotherapy in selected cases with relevant sensitization

• Consider compliance and diagnosis, if therapy has no effect

**BASELINE**

**Basic Therapy**

**MILD:** objective SCORAD <15 / transient eczema

- Topical glucocorticosteroids or depending on local cofactors: topical calcineurin inhibitors, antiseptics incl. silver / AEGIS underwear, non-sedating antihistamines (controversial)

**MODERATE:** objective SCORAD 15-40 / recurrent eczema

- Sedating antihistamines (doxepin, hydroxyzine), UV therapy (UVB 311 nm, UVA1), psychosomatic counseling, climate therapy

**SEVERE:** objective SCORAD >40 / persistent eczema

- Hospitalization, systemic immunosuppression: oral glucocorticosteroids, cyclosporin A, PUVA, azathioprin, oral tacrolimus, mycophenolate mofetil

Educational programmes, emollients, bath oils, elimination diet in food-allergic patients, allergen avoidance (encasings, if diagnosed by allergy tests)