BP measurement during annual control visit: BP > 90th percentile

Mean of 3 BP measurements on different occasions

- SBP and DBP < 90th p
  - Check BP during annual visits

- SBP and/or DBP ≥ 90th and < 95th p
  - High normal BP
    - Overweight when present
      - Dietary salt intake
      - Physical activity
    - Periodic BP assessment
      - Improvement BP values
      - Follow-up
      - Primitive forms
        - Dietary / lifestyle interventions (pharmacological?)
        - Follow-up

- SBP and/or DBP ≥ 95th and < 99th p
  - Non sustained hypertension
    - Tests to exclude secondary hypertension
      - Negative
        - Periodic BP assessment
          - Improvement BP values
          - Follow-up
      - Positive
        - Specialist center for diagnostic / therapeutic evaluation
          - Secondary forms
            - Specific therapy
            - Follow-up

- SBP and/or DBP ≥ 99th p
  - Sustained hypertension
    - Follow-up