CONSORT Flow Diagram

Assessed for eligibility (n=550)

- Excluded (n=495)
  - Not meeting inclusion criteria (n=450)
  - Declined to participate (n=45)

Monotherapy of metformin 500mg TID for 8 weeks (n=55)

Randomized (n=55)

Add-on acarbose (50mg TID for 4 weeks, uptitrated to 100mg TID for 12 weeks) (n=29; 1 patient could not tolerate dose titration to 100mg TID due to abdominal distension)

- Discontinued intervention (1 withdrew consent) (n=1)

  28 completed the study (n=28)

Add-on glibenclamide (2.5mg TID for 4 weeks, uptitrated to 5mg TID for 12 weeks) (n=26; 6 patients could not tolerate dose titration to 5mg TID due to concern or symptoms of hypoglycemia)

- Discontinued intervention (2 withdrew consent and 1 discontinued due to hypoglycemia) (n=3)

  23 completed the study (n=23)