Change of MetSyn Criteria with Treatment (Post minus Pre)

**Waist Circumference**

- M: 0.0 cm
- P: 0.0 cm
- Difference: 0.0 cm

**Triglycerides**

- M: 0.0 mg/dL
- P: 0.0 mg/dL
- Difference: 0.0 mg/dL

**HDL**

- M: 0.0 mg/dL
- P: 0.0 mg/dL
- Difference: 0.0 mg/dL

**FPG**

- M: 0.0 mg/dL
- P: 0.0 mg/dL
- Difference: 0.0 mg/dL

**SBP**

- M: 0.0 mmHg
- P: 0.0 mmHg
- Difference: 0.0 mmHg

**DBP**

- M: 0.0 mmHg
- P: 0.0 mmHg
- Difference: 0.0 mmHg

**P**

- Waist Circumference: 0.155
- Triglycerides: 0.166
- HDL: 0.592
- FPG: 0.287
- SBP: 0.013
- DBP: 0.243

* Comparison is statistically significant at an alpha of 0.05

DBP = diastolic blood pressure; FPG = fasting plasma glucose; M = melatonin; P = placebo; SBP = systolic blood pressure