Enrolment

Assessed for eligibility n = 73
Excluded n = 33
Did not meet inclusion criteria n = 24
Other reasons n = 9

Randomized n = 40

Allocation

Allocated to intervention n= 20
Received intervention n= 20
Did not receive intervention n= 0

Allocated to intervention n=20
Received intervention n= 20
Did not receive intervention n=0

Follow-up

Lost to follow-up n = 0
Discontinued intervention n = 0

Lost to follow-up n = 0
Discontinued intervention n = 0

Analysis

Analysed n = 20
Excluded from analysis n = 0

Analysed n = 20
Excluded from analysis n = 0