Articles included in systematic review

- Abstracts identified through database searching: 2,776
- Abstracts excluded by relevance: 2,608
- Articles studied in full text: 168
- Articles excluded by relevance, study design and non-sufficient eligibility: 149
- Articles included in systematic review: 20
  - Low quality: 11
  - Medium quality: 9
  - High quality: 0

Articles identified through other sources: 1