Records identified through database searching (3166)

Additional records identified through other sources (10)

Records after duplicates removed (2211)

Records screened (2211)

Records excluded (2163)

Full-text articles assessed for eligibility (48)

Studies included in qualitative synthesis (13)

Studies included in quantitative synthesis (meta-analysis) (0)

Full-text articles excluded
- No control (shoe alone) condition (10)
- Not reliable pes planus measure (3)
- Not semi-rigid or rigid FO (6)
- Orthoses previously worn (3)
- Cohort not adult pes planus (10)
- Outcome measures not relevant (2)
- Risk of bias concerns (1)