Database search performed
3,362 records identified
   168 Embase
   2,859 PubMed
   174 CINAHL
   161 Cochrane

Titles and abstracts screened for relevance to the question ‘does the article appear to discuss ankle equinus or non-surgical interventions to increase ankle dorsiflexion?’

2,821 excluded based on the following criteria
   duplication with another retrieved study
   no relation to equinus
   discussion of equinus in relation to neurological conditions
   combination of deformities featuring equinus
   discussion of equinus in relation to particular disease states
   investigation of equinus in patients with previous injury
   surgical intervention

541 retrieved for detailed evaluation and review against inclusion and exclusion criteria
   356 abstract screening
   185 full text

520 excluded based on the following criteria
   145 neurological causes of equinus
   78 surgical interventions
   7 equinovarus deformity
   28 ankle injury
   25 diabetes and equinus
   33 other pathology
   204 irrelevant to research question

2 additional, relevant studies retrieved by hand searching and expert consultation

23 articles included for review