Randomized n = 400

Allocated to intervention group n = 200
Lost to follow-up (withdrew consent) n = 10

Received allocated intervention n = 182
Did not receive allocated intervention n = 8

Analyzed n = 190
Excluded from analysis n = 0

Allocated to control group n = 200
Lost to follow-up (withdrew consent) n = 14

Received allocated intervention n = 186
Did not receive allocated intervention n = 0

Analyzed n = 186
Excluded from analysis n = 0