The diagram illustrates the trend of overweight or obese and current smoking rates over the years from 1996 to 2016. The percentage of overweight or obese individuals has been increasing, while the percentage of current smokers has been decreasing.

- **Overweight or obese (top graph):** The trend line shows a steady increase in the percentage of overweight or obese individuals, with a sharp rise after 2010.
- **Current smoking (bottom graph):** The trend line indicates a decrease in the percentage of current smokers, with a significant drop after 2012.

The data is represented using different markers:
- **Landline sample (circles):** This data is reflective of the general population.
- **Dual frame sample (black circles):** This data includes an additional sample method, potentially providing a more comprehensive view of the trends.