Agreed to be randomised
n = 133

Intervention group
n = 67

- 5 patients declined further participation
- 6 patients withdrew or did not attend
- 11 patients withdrew or did not attend

1 month examination
n = 62

- 9 patients declined further participation

Control group
n = 66

- 8 patients withdrew or did not attend

1 month examination
n = 57

3 month examination
n = 56

6 month telephone contact

9 month telephone contact

12 month examination
n = 49

15 month telephone contact

18 month examination
n = 36

21 month telephone contact

24 month examination
n = 32

12 month examination
n = 49

3 month telephone contact

24 month examination
n = 45

8 patients withdrew or did not attend

4 patients withdrew or did not attend

5 patients declined further participation

11 patients withdrew or did not attend

4 patients withdrew or did not attend

9 patients declined further participation

6 patients withdrew or did not attend

3 patients withdrew or did not attend

2 patients withdrew or did not attend

1 patient withdrew or did not attend