RAPID ORGANIC MERCURY ASSESSMENT: 1.5mL volume, <1.5hr analysis time

- Sample preparation (5 min)
- Protein breakdown (60 min)
- Conjugation (5 min)
- Extraction (10 min)
- Hg analysis by DMA (5 min)

RAPID TOTAL SELENIUM ASSESSMENT: 3.0mL volume, <3hr analysis time

- Sample preparation (5 min)
- Acid digestion (110 min)
- Conjugation (5 min)
- Extraction (30 min)
- Se analysis by Fluorescence (1 min)