Patients’ symptom presentation

Class 1
Symptoms only

Subclass 2A
Objectify the concern

Relating to Cause
- Medical
- Psychological/Social

Relating to Solution
- Self-medication
- Way of living
- Other self-treatment
- Request investigation or treatment

Normalisation
- Normalise own symptoms
- Request for normalisation

Denial

Class 2
Symptoms with a clue

Subclass 2B
Justify the concern

Convince
- Presentation in syndromal pattern
- Vividly describe or exaggerate symptoms

Projection
- Surroundings
- Medical professional, no doctor
- Doctor

Unrelated subject
- Seemingly explicit concern, real concern remains hidden

Class 3
Symptoms with an explicit expression of concern
- Direct question
- Fear of a specific disease
- Statement of worry or uncertainty

Explanation
- Personal/family story
- Medical history