Figure 1

Flowchart indicating the process of participant selection and attrition over time.

- **Potential participants:** Number not specified.
- **Excluded criteria:** Not specified.
- **Eligible students:** n=2016
- **Not enrolled in higher education programs:** n=629
- **Consent to participate:** n=1792
- **Changes post-consent:** n=26
- **Participating among students:** n=1790
- **Loss to follow-up:** n=2
- **Sample size:** n=1788

Numbers participating at 1 year after graduation (2006) n=1603

Numbers participating at 2 years after graduation (2007) n=1502

Numbers participating at 3 years after graduation (2008) n=1175

Numbers participating at 4 years after graduation (2009) n=1039

Numbers participating at 5 years after graduation (2010) n=5847

**Questionnaire Year 1**
- Participants answering the RU items
  - DNS: n=1174
  - CON: n=1387
  - PER: n=1371

**Questionnaire Year 2**
- Participants answering the RU items
  - DNS: n=1084
  - CON: n=1083
  - PER: n=1091

**Questionnaire Year 3**
- Participants answering the RU items
  - DNS: n=1027
  - CON: n=1027
  - PER: n=1026

**Questionnaire Year 4**
- Participants answering the RU items
  - DNS: n=912
  - CON: n=950
  - PER: n=950

**Questionnaire Year 5**
- Participants answering the RU items
  - DNS: n=912
  - CON: n=913
  - PER: n=912