People with LTCs

Health professionals

Non-health professionals with health related and health relevant functions

Voluntary and community groups with health related and health relevant functions

Personal communities

Support groups
Lunch/Tea clubs
Internet-based discussion groups
Religious groups
Ethnic groups
Sports groups
Other social groups

Health trainers
Social prescribers
Community wardens
Traditional healers
Faith healers
Spiritualists
Herbalists
Social workers
Religious or spiritual leaders
Managers, teachers

Spouse/Partner
Children
Grandchildren
Parents
Siblings
Other relatives
Friends
Pets
Neighbours
Colleagues
Classmates
Acquaintances

GP
Nurses
Community matrons
Psychiatrists
Podiatrists
Pharmacists
Rheumatologists
Cardiologists
Neurologists
Physiotherapists