THEORETICAL DOMAINS

- Knowledge
- Skills
- Professional role and identity
- Beliefs about capabilities
- Beliefs about consequences
- Motivation and goals
- Memory, attention and decision processes
- Environmental context and resources
- Social influences
- Emotion
- Behavioural regulation

CLINICAL GUIDELINES

- Ask
- Assess
- Account
- Advice
- Assist
- Arrange

OUTCOME MEASURES

1. Electronic dental record audit
   a. Time used for counselling

2. Questionnaires
   a. Guideline implementation
   b. Theoretical domains

EXAMPLES OF POSSIBLE INTERVENTION TECHNIQUES TO TARGET THEORETICAL DOMAINS

- Knowledge
  o Information regarding behaviour, outcome

- Skills
  o Increasing skills: problem-solving, decision-making, goal-setting

- Professional role and identity
  o Social processes of encouragement, pressure, support

- Beliefs about capabilities
  o Rehearsal of relevant skills

- Beliefs about consequences
  o Information regarding behaviour, outcome

- Motivation and goals
  o Rewards; incentives (inc. self-evaluation)

- Memory, attention and decision processes
  o Prompts, triggers, cues

- Environmental context and resources
  o Environmental changes (e.g. objects to facilitate behavior)

- Social influences
  o Modelling/demonstration of behaviour by others

- Emotion
  o Coping skills

- Behavioural regulation
  o Prompts, triggers, cues