Eligible and Declined Participation (n = 9)
- Maternity/paternity leave (n = 3)
- Away for AI sessions (n = 3)
- Transportation issues (n = 2)
- Scheduling conflict (n = 1)

Nurses in Study Unit (n = 57)
- Staff nurses (n = 54)
  - Full-time (n = 29), Part-time (n = 16), Casual (n = 9)
- Nurse leaders (n = 3)
  - Administrative (n = 1), Clinical (n = 1), Education (n = 1)

Assessed for Eligibility (n = 24)

Eligible and Consented (n = 15)
- Staff nurses (n = 12)
  - Full-time (n = 10), Part-time (n = 2)
- Nurse leaders (n = 3)
  - Administrative (n = 1), Clinical (n = 1), Education (n = 1)

Sample Characteristics (6 weeks pre-AI sessions)
- Nurse Entry Form (n = 15)

AI Sessions (n = 12)
- Four 3-hour sessions delivered over two weeks

Individual Interviews (6 months post-AI sessions; n = 12)

Withdrawal (n = 3)
- Scheduling conflict (n = 1)
- Personal issue (n = 1)
- Time commitment (n = 1)

Withdrawal (n = 0)