Theories and approaches
- NPT
- Whole systems
- Behavioural change
- Learning organisation
- Adult learning

Informed by current practice
- Increased role in practice nurses providing chronic care
- Guideline focused
- Accommodating QOF
- Tensions for professionals in supporting self care (i.e., role conflict)
- Creating space for psychosocial needs a challenge

Policy expectations for SCS training:
- Communicate effectively
- Identify abilities
- Advice
- Promote choice
- Risk management
- Relevant information

Mark 1 Training package

Evaluation
- Interviews
- Observations
- Think aloud
- Pre post consultation recording
- Satisfaction ratings

Mark 2 Training package in RCT

Outcome
- Patient receives appropriate and timely self-care support
  → improved ability to self-manage
  → improved health outcomes

Pre-clinical
- Phase 1 Modelling
- Phase 2 Exploratory study
- Phase 3 Main trial