- Local implementation teams were established and were encouraged to set goals and to develop implementations plans.

- Documentation of quality indicators was used initially as objective data to identify deviance to the guidelines and local needs of training.

- Planned action and intervention based on the needs (based on local data).

- The local implementation teams held regular meetings with all staff and encouraged feedback and identification of potential barriers and promoters of change.

- Team and network meetings were performed to learn about successful implementations techniques.

- Academic outreach detailing was used to facilitate individuals and teams to analyse, reflect and change their own attitudes and behaviours.