Assessed for eligibility (n=980)
  947 by phone
  33 onsite

Enrollment
September 2003-August 2005

Excluded (n=701)
  Not meeting inclusion criteria (n=375)
  Refused to participate (n=43)
  Other reasons (n=283)
  266 willing to participate but did not show up for enrollment
  17 willingness unknown

Randomized (n=279)

Allocated to intensive intervention (n=140)
  Received allocated intervention (n=136)
  Did not receive allocated intervention (n=4)
  1 adverse event at the baseline visit
  3 miscommunication with study staff

Allocated to minimal intervention (n=139)
  Received allocated intervention (n=139)
  Did not receive allocated intervention (n=0)

Follow-Up
February 2004 - January 2007

3-mo Lost to follow-up (n=50)
  10 dropouts
  40 unable to contact/schedule/no shows
12-mo Lost to follow-up (n=27)
  Dropouts (12), Deceased (2), Unable to contact/schedule (4), No shows (9)
  Discontinued intervention (11 Withdrew)
  No phone follow-up (18); 1 phone (23); 2 phone (18); 3 phone (15); 4 phone (27); 5 phone (39)

3-mo Lost to follow-up (n=44)
  4 dropouts
  40 unable to contact or schedule
12-mo Lost to follow-up (n=21)
  Dropouts (8), Deceased (3), Unable to contact/schedule (4), No shows (6)
  Discontinued intervention (n=0)