Assessed for eligibility (n=248)

- Excluded (n=2)
- Refused (n=6)

Randomized (n=240)

Pick-Klop (n=120)
- Dropout: n=23
  - mental health deterioration (22)
  - personal reason (1)
- Completers n=97
- ITT participants n=120

Psychoeducation (n=60)
- Dropout: n=17
  - mental health deterioration (17)
  - personal reason (0)
- Completers n=43
- ITT participants n=60

Waiting list (n=60)
- Dropout: n=13
  - mental health deterioration (12)
  - personal reason (1)
- Completers n=47
- ITT participants n=60

Dropout: n=23
- mental health deterioration (22)
- personal reason (1)

Dropout: n=17
- mental health deterioration (17)
- personal reason (0)

Dropout: n=13
- mental health deterioration (12)
- personal reason (1)