Guidelines on when to call an ambulance to take recreational drug users to A&E

Call an ambulance if **ANY** of the following are present:

1. AVPU assessment graded as either P or U
   - A=Alert
   - V=Responds to voice i.e. talking to
   - P= Responds to painful stimuli only
     (e.g. pressure across a finger nail)
   - U=Unconscious

2. Chest pain similar to a 'heart attack' (i.e. like a pressure on the chest, like a band around the chest).

3. Any history of seizures (i.e. a convulsion similar to an epileptic fit) during this episode

4. More than 2 'poisoned clubbers' per 'club medic'

5. Temperature >38°C not settling after 15 minutes of rest
   OR a temperature >40°C at any time

6. Heart rate >140 beats per minute not settling within 15 minutes

7. Blood pressure Systolic <90 or >180, Diastolic >110 on 2 readings 5 minutes apart

8. Confusion, significant agitation (e.g. pacing around the room) or significant aggression not settling within 15 minutes

9. Any concerns on behalf of the medical personnel involved

10. IF IN DOUBT CALL AN AMBULANCE

©Guy’s & St Thomas’ Poisons Unit