Quality of Care for Tobacco Dependence

**Program Attributes**
- **Resources**: staffing levels, funds, space, training resources
- **Staff**: smoking status, training, adaptability to new approaches
- **Climate**: mission/goals related to tobacco & health, role overload, openness to change
- **Readiness**: perceived need and pressure to treat smoking

**Program Interventions**
- **Ask**: identify smokers and record smoking status
- **Advise**: advise patients to quit
- **Assess**: readiness to quit, screen for past mood/anxiety disorders, discuss history of quit attempts, symptoms
- **Assist**: patients to quit with group/individual counseling or classes, pharmacotherapy, referral to outside agency for treatment, proactive therapy for past major depression
- **Arrange**: follow up to monitor tobacco use, drug craving, depression/anxiety or other emergent symptoms
- **Avoid**: undermining quit attempts or interest in quitting

**Office Systems**
- **Records**: have place(s) to document smoking status/progress in clinical record
- **Reminders**: use stickers, checklists, flow charts to ensure treatment/follow-up
- **Protocols**: provide written guides for how to treat tobacco dependence
- **Policies**: have and enforce indoor/outdoor smoking rules for patients/staff
- **Tools**: provide/facilitate access to pharmacotherapy, support, materials

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