Search – 959 Published studies, letters, abstracts, book chapters and review articles

Stage 1 - 835 excluded on a title basis, foreign language papers removed (2 person consensus)

Stage 2 – 107 Reports retrieved for further detailed evaluation (3 person consensus). Full text articles were obtained where decisions could not be made based on a title/abstract basis alone.

6 studies were included in the final review and were critically appraised.