Records identified through database searching (n = 541)

- Records after duplicates removed (n = 492)
  - Records excluded (n = 53)
    - Full-text articles excluded, with reasons (n = 6):
      - No actual breastfeeding data (knowledge and attitude data only) = 3
      - Breastfeeding is a secondary studied factor = 3
  - Full-text articles assessed for eligibility (n = 20)
    - Studies included in quantitative synthesis (n = 17)
- Records unavailable (n = 5)
  - Additional records identified through other sources (n = 3)