Symptoms
- Lower back and vertebral column pain
- Abdominal/navel pain
- Weight loss and lack of interest in food
- Swollen ovaries
- Frequent urination with burning sensation
- Excessive menstrual blood and bleeding between cycles
- Vaginal leakage
- Post-menopausal bleeding
- Hip pain
- Abdominal/navel pain
- Weight loss and lack of interest in food
- Change in heat differential
- Lifting heavy things
- Etiology
  - Fuerza (lack of strength)
  - Lack of support network
  - Not looking after oneself
  - Falling
  - Bone under female part opening up
  - Espanto

Etiology
- Biomedical
  - Clinic
  - Traditional
    - Rest from physical labor
    - No sexual relations
    - Reduce food and water intake
  - Medicinal plants (ingested, topical, steam, infusion):
    - Axcualisihuatl (Mentzelia aspera L.) or mala mujer (translates as “not a good woman”)
    - Acoyo (Piper umbelatum)
    - Pilicxitl (Pedilanthus tithymaloids) can be used topically in conjunction with hot stones, ash, or oil on the skin
    - Talachía (Ocimum basilicum)

Treatment
- Pain medication
- Anti-inflammatory pills
- Injection of Voltaren
- Operation, hysterectomy (remove uterus at hospital)
- Rest from physical labor
- No sexual relations
- Reduce food and water intake
- Medicinal plants (ingested, topical, steam, infusion):
  - Axcualisihuatl (Mentzelia aspera L.) or mala mujer (translates as “not a good woman”)
  - Acoyo (Piper umbelatum)
  - Pilicxitl (Pedilanthus tithymaloids) can be used topically in conjunction with hot stones, ash, or oil on the skin
  - Talachía (Ocimum basilicum)
  - Sobada (massage to move uterus back to original position)