**Figure 1. Translating Evidence to Action**

<table>
<thead>
<tr>
<th>Level of Evidence*</th>
<th>Actions Supported</th>
</tr>
</thead>
</table>
| High and Moderate quality POSITIVE evidence | • Supports public **favorable** claims regarding effectiveness  
• Advise patients that this is an effective treatment choice |
| INCONCLUSIVE, but favorable evidence | • Does not support any public claims regarding effectiveness  
• Recommend effective alternative if available  
• Advise patients that this is a treatment option in the absence of an effective alternative |
| INCONCLUSIVE, and unclear direction of evidence | • Recommend effective alternative if available  
• Advise patients that the effectiveness of this treatment option has not been established |
| INCONCLUSIVE, but non-favorable evidence | • Advise patients that this treatment option is unlikely to be effective  
• Recommend effective alternative if available |
| High and Moderate quality NEGATIVE evidence | • Advise patients AGAINST this as a treatment option  
• Recommend effective alternative if available |

*See definitions for levels of evidence within the methods section.