Identify potential participants with whiplash-associated disorders (WAD) grade I and II to participate in the trial

Randomize 444 participants

- Soft Tissue Injury Care Model
  - n=148
  - Physiotherapy care provided according to the program

- Pre-Approved Framework (PAF)
  - n=148
  - Physiotherapy care provided according to the program

- Education and Activation
  - n=148
  - Care provided by a physician

Outcomes assessed at 6 weeks, 3, 6, 9 and 12 months using data collected by a blinded interviewer