Assessed for eligibility by clinic staff; consent administered

Further eligibility assessed (women complete DASS21 and EPDS on tablet*)

Enrollment

Excluded
- Do not meet inclusion criteria (as assessed by staff)
- High psychosocial risk (DASS21/EPDS)
- Declined participation

Randomization

Allocated to usual prenatal care + integrated online psychosocial assessment, referral, cognitive behaviour therapy (intervention group)

Allocated to usual prenatal care (control group)

Exclusion -ineligible for CBT

Baseline: T1

Completion of baseline questionnaire (at site) + ANRQ

Completion of baseline questionnaire (at site)

6 modules of cognitive behavior therapy

Follow-Up: T2

Email questionnaires 6-8 weeks post-randomization

Email questionnaires 3 months post-partum

Email questionnaires 6 months post-partum

Email questionnaires 12 months post-partum

Follow-Up: T3

Follow-Up: T4

Follow-Up: T5

Qualitative component

Telephone or face-to-face interviews with healthcare providers and women in intervention group