Potential participants screened during hospital admission for CHD. Baseline assessment conducted within 3 weeks of hospital discharge.

**BASELINE ASSESSMENTS**
- Eligibility confirmed & informed consent obtained
  - Demographics
  - Height and weight
  - Blood pressure and cholesterol
  - Waist and Hip circumference
  - Lifestyle Questionnaires (nutrition, smoking, AUDIT C, GLTPAQ)
  - Well-being questionnaire: Brief IPQ, HADS, self-efficacy

**RANDOMISATION**

**MHEALTH INTERVENTION GROUP (n=60)**
- 24 week text message program and access to website
- Standard CR services
- 3-month phone call

**CONTROL GROUP (n=60)**
- Standard CR services
- 3-month phone call

**6-MONTH ASSESSMENT**
- Height and weight
- Blood pressure and cholesterol
- Waist and Hip circumference
- Lifestyle Questionnaires (nutrition, smoking, AUDIT C, GLTPAQ)
- Well-being questionnaire: Brief IPQ, HADS, self-efficacy
- MMAS and concomitant medication
- Adverse events