Interested in participation

Screening (T0)

Exclusion:
- Not willing to sign informed consent
- No MDD
- History of psychotic disorder
- Currently receiving psychotherapy
- BDI-II suicide item >1

Assessment I: Baseline (T1)

Randomization (N = 128)

Allocation

Will be allocated to GET.ON Mood Enhancer (n = 64)

Assessment II: 6 weeks after randomization (T2)

Assessment II: 12 weeks after randomization (T3)

Will be allocated to OPD (n = 64)

Assessment II: 6 weeks after randomization (T2)

Assessment II: 12 weeks after randomization (T3)