Figure 1 Critical Illness pathway with key stages of recovery and transitions of care

Pre-Intensive Care
- Acute illness
- Co-morbidities
- Social Problems

Intensive Care
- Organ failures
- Infections
- Unconsciousness

Discharge to ward
- Resolving organ failures
- Infections
- Poor appetite
- Fatigue
- Weakness
- Weight loss

Discharge home
- Fatigue
- Slow weight gain
- Poor mobility
- Post-traumatic stress disorder

Fragmented pathway
Service centred not patient centred