Assessed for eligibility (n = 274)

Excluded (n = 203)
- Did not meet the inclusion criteria (n = 138)
- Declined to participate (n = 26)
- Participated in other studies (n = 6)
- Lived too far away (n = 6)
- Not allocated because their HCP was not GSD-Y trained (n = 27)

Randomized (n = 71)

Allocated to GSD-Y intervention (n = 37)
Allocated to the control group (n = 34)

Follow-Up

Did not complete (n = 11)
- Transferred to adult care (n = 1)
- In psychiatric care (n = 2)
- Did not start the intervention (n = 1)
- Stopped (n = 4) (wanted to stop/absence from visits)
- Did not complete 8 GSD-Y session (n = 3)

Did not complete (n = 3)
- Disappointed about being in the control group and wanted to return to an HCP who had not been GSD-Y trained (n = 1)
- Followed by non-GSD-Y-trained HCPs for personal reasons (n = 1)
- Absent from visits (n = 1)

Analysis

Completed 8 GSD-Y sessions
End of the experimental period
Analyzed (n = 26)

Completed 8 control sessions
End of the experimental period
Analyzed (n = 31)

Analysis

End of the 6-month follow-up period
Analyzed (n = 23)
Did not attend the outpatient sessions (n = 1)
Did not return the questionnaires (n = 2)

End of the 6-month follow-up period
Analyzed (n = 30)
Did not attend the outpatient sessions; moved abroad (n = 1)