Pre-trial focus groups

Patient identification

GUH and MGH maternity unit

List of women presenting 12-18 weeks gestation is accessed through hospital database.

Recruitment (n=784):

PI sends invitation letters, information leaflets and consent form to all women

Follow-up phone calls:

- Researchers obtain verbal agreement to participate
- Women randomised to screening groups

Excluded
- not interested in participating
- known GDM or DM

Primary care group:

GP's sent names of women to be scheduled and screening supplies

Secondary care group:

Maternity unit at GUH and MGH sent names of women to be added to hospital appointment diary

75g OGTT, 24-28 weeks gestation

Primary care screening group:

- local GP clinic

Secondary care screening group:

- maternity unit GUH/MGH

If GDM referred by GP to antenatal diabetes service

If GDM referred by midwife to antenatal diabetes service

Referral to GDM antenatal clinic at GUH and MGH

Laboratory analysis

Bloods analysed at GUH and MGH lab; GDM diagnosis based on IADPSG criteria

Birth / Pregnancy concluded

Researchers access hospital and laboratory databases; & review patient’s combined care cards for GDM positive patients

Post-trial interviews & focus groups

Post-trial economic evaluation