Recruitment via Advertisement or Doctor Referral

Telephone Pre-Screening

Study Overview and Eligibility Visit
1. Study Overview and Signed Consent
2. Blood Pressure Measurement and Physical Examination

Baseline Visit
1. Questionnaires and Anthropometrics
2. Blood Pressure Measurement
3. Fasting Blood Draw and Urine Collection

Screened Out

2 Month Follow-Up
1. Questionnaires and Anthropometrics
2. Blood Pressure Measurement
3. Fasting Blood Draw and Urine Collection
4. Assessment for Need of Anti-hypertensive Medication

Screened Out

4 Month Follow-Up
Same Assessments as 2 Month Follow-Up Above

6 Month Follow-Up
Same Assessments as 2 Month Follow-Up Above