Approach the Institute of Aging to recruit peer volunteers

Before training (V0) - Volunteer questionnaire

Attend two training workshops

After training (V1) – volunteer questionnaire

Week 1-8:
Facilitate in the IPMP two times per week

Week 4 (V2) - volunteer questionnaire

Week 9-12:
Follow up - visit the nursing homes weekly

Week 12 (V3),
Volunteer questionnaire