Figure 2. Differences between conditions for three arms of this study

<table>
<thead>
<tr>
<th>Study arm</th>
<th>Study condition</th>
</tr>
</thead>
</table>
| **HNCP (intervention)** | **Individualised H&N Cancer Survivorship Self-Management Care Plan (HNCP)**  
Receive a copy of the resource: *Facing the future: Living with confidence after treatment for head and neck cancer*  
Continue to receive standard care and other usual supportive care measures, including medical treatments and health care appointments. |
| **Information**   | ✗  
✓  
✓ |
| **Usual care**    | ✗  
✗  
✓ |