Postal candidate invitations sent n=9,598
South Yorkshire Cohort (SYC) n=528; general practice n=9,051; direct referral n=19

Candidate response (card/call) n=298 (3.1%)
SYC n=19; General Practices n=256; direct referral, service provider, health/social care workers, other n=19; unknown n=4

Contactable and initial screen n=266 (89.3%)

Face-to-face eligibility screening n=178 (66.9%)

Eligible; consent sought n=159 (89.3%)

Consented and randomised n=157 (89.3%)

Intervention n=78 (49.7%)
Study closed before follow-up n=43 (55.1%)

PILOT SAMPLE:
Intervention n=35 (44.9%)
Not followed up n=9 (25.7%)d

6 months follow up n=26 (74.3%)
>=9 group calls (per protocol analysis) n=9; < 9 group calls n=9; Intervention withdrawal n=3; Missing n=5
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Control n=79 (50.3%)
Study closed before follow-up n=44 (55.7%)

PILOT SAMPLE:
Control n=35 (44.3%)
Not followed up n=5 (14.3%)e

ITT N=56
6 months follow up n=30 (85.7%)

No response n=9,300 (96.9%)
Not contactable n=32 (10.7%)
No eligibility appointment n=88 (33.1%)a
Not eligible n=19 (10.7%)b
Not consented n=2 (1.3%)c
Study closed before follow-up n=43 (55.1%)
Not followed up n=9 (25.7%)d

6 months follow up n=26 (74.3%)
>=9 group calls (per protocol analysis) n=9; < 9 group calls n=9; Intervention withdrawal n=3; Missing n=5g