R1*: General information about the study and the procedure.
   Informed consent.
   Evaluation preintervention (baseline)

R2*: INFORMATION about benefits and characteristics of walking in fibromyalgia (20 min.)

MIG**

IG**

CG**

R3*: MOTIVATIONAL session (30 min.)

R2: NEUTRAL Task 1 session (30 min.)

R4*: IMPLEMENTATION INTENTION session (30 min.)

R2: NEUTRAL Task 2 session (30 min.)