Veterans in the VistA sampling frame who were scheduled for an appointment n=3,482

Screened by PCP n=1,990

Moderate-intensity PA* safe, with or without restrictions n=1,293

Agreed to be contacted by study staff n=871

Contacted and screened using SF-II** n=801

Scheduled Baseline n=334

Attended Baseline and signed consent n=261

Randomized to group and attended orientation counseling session (= enrolled) n=232

SF-I* not returned (n=905) SF-I blank, appointment not kept (n=318) SF-I blank, not evaluated (n=269)

Not eligible (n=606) Missing eligibility status (n=91)

Refused to be contacted (n=418) Missing contact status (n=4)

Unable to contact (n=70)

Changed mind (n=139) Screened not eligible (n=317) Unresolved safety concerns (n=11)

Appointment not kept: changed mind about participating (n=73)

 Changed mind pre-randomization (n=16) Determined to be ineligible after consent (n=13)

*SF-I denotes Screening Form I.
**PA denotes physical activity.
***SF-II denotes Screening Form II.