Screened for eligibility (n=49)

Excluded (n=9)
- Not eligible (n=7)
- Declined to participate (n=2)

Randomised (n=40)

Allocated to Methylprednisolone acetate with lidocaine (n=19)

Questionnaire not returned (n=0)

Returned 2 week questionnaire (n=19)

Questionnaire not returned (n=0)

Returned 4 week questionnaire (n=19)

Questionnaire not returned (n=0)

Returned 12 week questionnaire (n=19)

Allocated to lidocaine (n=21)

Questionnaire not returned (n=0)

Returned 2 week questionnaire (n=21)

Questionnaire not returned (n=1)

Returned 4 week questionnaire (n=20)

Questionnaire not returned (n=2)

Returned 12 week questionnaire (n=19)*

* Includes one participant who did not return a 4 week questionnaire