Identify eligible patients (N=600)
Inclusion: Confirmed diagnosis GC, scheduled for radiotherapy (RT), over 18 years, speaks English.
Exclusion: Psych/cog. disorder, previous RT, scheduled for palliative RT.

Approach eligible patients (85%) (N=510)
Refuse (40%) (N=204) Collect reasons for refusal

Consent (60%) (N=306)
Baseline data (see BOX 1)
Randomise

Intervention arm (N=153)
Pre-treatment Intervention (N=153) Nurse & Peer sessions 1
RT start
Mid-treatment Intervention (N=147) Nurse & Peer sessions 2
End-of-treatment Intervention (N=147) Nurse & Peer sessions 3
RT end
Post-treatment Interventions (N=147) Nurse session 4 (2w post RT) (N=147) Peer session 4 (4w post RT)

Usual care arm (N=153)
Pre-treatment usual care (N=153)
RT start
Mid-treatment usual care (N=147)
End-of-treatment usual care (N=147)
RT end
Post-treatment usual care (N=147) (2w post RT) (N=147) (4w post RT)

FU1: Immediately before RT start (3.75% attrition) (N=147x2=294) (see BOX 3)
FU2: 4 weeks post RT (N=141x2=282) (3.75% attrition) (see BOX 4)
FU3: 6 months post RT (N=135x2=270) (3.75% attrition) (see BOX 6)
FU4: 12 months post RT (N=130x2=260) (3.75% attrition) (see BOX 7)

Clinical exam 3 months post RT (see BOX 5)

- Psychosocial support.
- Assists patient to identify own informational, psychological, social, functional needs.
- Provides info/coaching in self care.
- Facilitates adherence to self-care strategies.
- Accessible for isolated women.
- Significant others involved in nurse sessions.

BOX 2: Features of the Intervention

BOX 3: FU1 data
HADS, CaTS

BOX 4: FU2 data
HADS, FACT-G, SCNS-SF34-R, MSAS-SF, CaTS, AQ

BOX 5: Clinical exam II (LENT SOMA)

BOX 6: FU3 data
HADS, FACT-G, SVQ, AQ, Clinical exam III (LENT SOMA)

BOX 7: FU4 data
HADS, FACT-G, SVQ, AQ, Clinical exam IV (LENT SOMA)